## **Shepherd's Pie**

New Vocabulary		
chunks	stock	tablespoon
mince	lamb	beef
saucepan	pour	heat
mash	drain	ovenproof

## Ingredients

- 1 tablespoon of oil
- 1 large onion, chopped
- 2-3 medium carrots, chopped
- 500g minced lamb
- 2 tablespoon of tomato purée
- 500ml beef stock
- 900g potatoes, cut into chunks
- 85g butter
- 3 tablespoon milk



## Method

- 1. Heat the oil in a medium saucepan, then soften the onion and carrots for a few minutes. When soft, add in the lamb mince.
- 2. Add the tomato purée and fry for a few minutes.
- 3. Pour in the stock and cook for 40 mins.
- 4. Heat the oven to 180C and start to make the mash. Boil the potatoes in salted water for 10-15 mins until soft. Drain the water and mash the potatoes with the butter and milk.
- 5. Put the mince into an ovenproof dish, cover it with the mash.
- 6. Bake for 20-25 mins.

Shepherds Pie- EP6 -ESL7 -15- http://sevenastious.wordpress.com